

● SRI LANKA • SQUASH • ELITE PERFORMANCE

TUWIN HERATH

PROFESSIONAL SQUASH ATHLETE / WSF LEVEL 1 COACH

World-ranked squash player representing Sri Lanka, combining elite-level athletic competition on the world tour with strategic expertise in sports management. Dedicated to cultivating high performance and pushing boundaries.

[VIEW ACHIEVEMENTS](#)[CONTACT ME](#)



PSA WORLD
RANKING

No. 316

WORLD SQUASH CIRCUIT
MEMBER

NATIONAL RANKING

Top 5

SRI LANKAN ELITE
COMPETITOR

CURRENT BASE

**SHANGHAI,
CHINA**

TEMPORARILY BASED

ABOUT THE ATHLETE

UNCOMPROMISING ELITE PERFORMANCE

Tuwin Herath is an international competitor certified by the Anti-Doping Education and Learning (ADEL) and the World Anti-Doping Agency (WADA), cleared to compete at the highest level of world squash under clean sport regulations.

Built on a foundation of rigorous physical training and refined competition logic, his immediate career goal is to break into the Top 50 squash players globally by 2029. In addition, Tuwin is driven to serve as a prestigious Brand Ambassador for Sri Lanka Squash, representing the sport on the world stage with dedication and passion.

ENGLISH

Fluent

SINHALA

Fluent



HONORARY RECOGNITION

2022 "DESHABANDU" AWARD

National Honorary award presented for outstanding excellence in sports and continuous contributions to social work. A testament to service and dedication both on the court and in community outreach.

CORE COMPETENCIES

- HIGH PERFORMANCE ATHLETE
- TEAM LEADERSHIP & MENTORSHIP
- COMPETITION STRATEGY & GAME PLANNING
- SPORTS ADMINISTRATION & COACHING

CAREER TIMELINE

PROFESSIONAL JOURNEY

A TIMELINE OF DEDICATION, TRAINING, AND GLOBAL REPRESENTATION.



SINCE 2023

PROFESSIONAL SQUASH ASSOCIATION (PSA)

Full-time professional member actively competing on the PSA World Squash Circuit. Testing tactical capabilities and athleticism against elite global talent on a weekly basis to build ranking points.



2023

ASIAN INDIVIDUAL SQUASH CHAMPIONSHIPS

Represented the National Squash Team in elite continental action. Successfully navigated highly intense matches to secure a rank within the **Asian Top 50** in 2023.



SINCE 2018

NATIONAL REPRESENTATION

Proudly representing Sri Lanka in both Junior and Senior Championships. A consistent selected squad player exhibiting pride, commitment, and sportsmanship.



GLOBAL TRAINING EXCHANGES

INTERNATIONAL STRATEGY & TEAM EXCHANGE

Consistently trains and competes with national teams across Australia, New Zealand, Malaysia, Qatar, and China. Actively exchanging advanced techniques, match play strategies, and physical regimes.



SINCE 2024

START ACADEMY INDIA CAMP

Participating elite athlete at high-performance squash summer training camps in Mumbai. Focusing on advanced agility, specialized court movement, and match endurance.

PODIUM HIGHLIGHTS

MAJOR ACHIEVEMENTS

PROVEN RESULTS ACROSS NATIONAL AND INTERNATIONAL CIRCUITS.

PSA WORLD TOUR

PSA CIRCUIT HIGHLIGHTS



Semi-Finalist: QSF 3 Qatar Squash PSA Championships 2025 (Doha)

- **Quarter-Finalist:** Golden Open 2025 (Australia)
- **Quarter-Finalist:** Bondi Open 2024 (Australia)
- **Quarter-Finalist:** LTD Open 2024 (India)

- **Quarter-Finalist:** Reliance PSA 2024 (Sri Lanka)

DOMESTIC ELITE

SENIOR NATIONALS

Consistent performance against the country's best.

NATIONAL PLACEMENT

TOP 8

FOR 4 CONSECUTIVE YEARS

JUNIOR LEGACY

JUNIOR HIGHLIGHTS

- ⚡ **U19 National Vice Captain (2019)**
LED THE JUNIOR NATIONAL SQUAD IN INTERNATIONAL MATCHES
- ⚡ **Most Outstanding Squash Player (2014)**
ADJUDGED PLAYER OF THE YEAR IN SCHOOL/JUNIOR CATEGORIES

GET IN TOUCH

LET'S CONNECT

Open for sponsorships, brand ambassadorships, elite coaching exchanges, and media inquiries. Let's push squash boundary limits together.



LOCATIONS

Malabe, Sri Lanka / Shanghai, China



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** References available upon request (CrossFit Ceylon Directors).*

YOUR NAME

Enter your name

EMAIL ADDRESS

Enter your email

MESSAGE DETAILS

Specify sponsorship, coaching, or press details...

SEND INQUIRY

TUWIN **HERATH**

PROFESSIONAL SQUASH ATHLETE PORTFOLIO

Designed with precision, focus, and clean athletic style.

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ADEL & WADA CERTIFIED COMPETITOR